



Mindset to Growth programme

Mindset to Growth provides the tools you need to thrive in a complex world.

A powerful blend of experiential learning and targeted feedback from the **Growth Indicator** inspires participants to move from a mindset of **Survival** to **Growth**.



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“This course was amazing! Truly felt it was the first time I took actions away from a course and put into practice!”

Programme review



Programme outcomes

- Enable transformation, culture and organisational change at scale
- Increase performance and release blocked potential
- Gain a positive response to change and enhance learning agility
- Reduce incidences of burnout and build sustained resilience
- Improve inclusion and psychological safety
- Develop self-compassion and enhance engagement
- Increase self-confidence when speaking up and challenging others

Best suited for:

- Leadership and talent development at all levels
- Graduate development

- Releasing the full potential of STEM talent
- Culture change at scale
- Team development
- Enhancing one-to-one coaching

Completion time

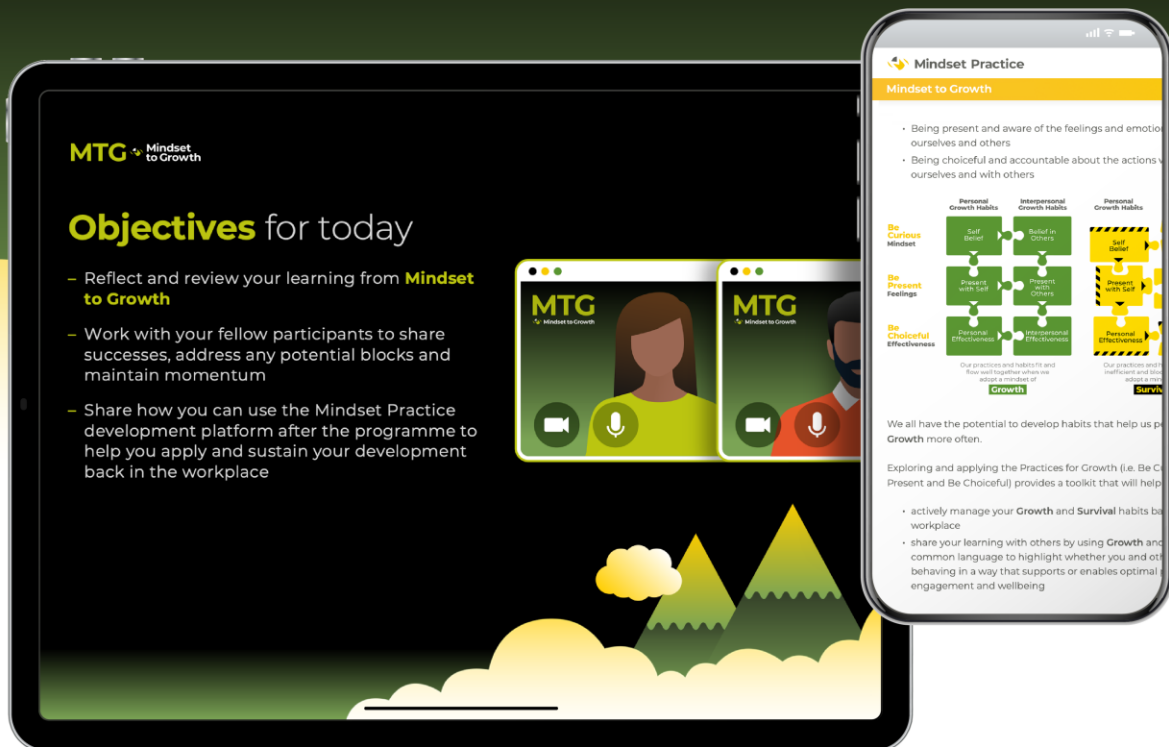
- Six hours of learning. Can be used as a self-managed learning solution or it can be supported by workshops or webinars

Sustaining learning

- Complimentary full retake of the **Growth Indicator**
- Comprehensive group reporting to evaluate training impact
- 12 months access to the Mindset Practice development platform (including Growth Trackers and the FABB for 66 days habit change tool)

“I learnt how to stay positive in times of work pressures and turn what might be a negative into a positive. The tools that are on offer after the course are excellent and have been put into use already.”

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